



CIRCLE OF PARENTS® GROUPS OPERATE ACCORDING TO AN EVIDENCE INFORMED MODEL AND ARE ADAPTABLE TO MEET GROUP NEEDS AND FOCUS AREAS.

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## LOCATION

Circle groups can exist anywhere that is accessible and open to parents. Typically, groups are in family resource centers, schools, health clinics, religious institutions, etc.



## FREQUENCY

Circle groups typically meet once a week, at no cost to any participant. Consistent attendance is encouraged to develop a support network and increase comfort within the group.



## CONTENT & FOCUS AREAS

Groups are open-ended and topics are at the discretion of the group with the guidance and support from the Parent Lead and Facilitator. The Circle of Parents Model is adaptable to meet general or specialized needs of families - such as groups for parents in recovery from addiction, parents of children with Autism, fathers, kinship caregivers, and more!



## LEADERSHIP

Circle groups are facilitated by a Facilitator and Parent Lead. Both the Facilitator and Parent Lead receive initial and ongoing training, support and in-depth technical assistance.



## CIRCLE OF PARENTS INCREASES PROTECTIVE FACTORS TO PROMOTE HEALTHY AND SAFE FAMILIES



### SOCIAL CONNECTIONS

Positive relationships that provide emotional, informational, instrumental and spiritual support.



### PARENTAL RESILIENCE

Managing stress and functioning well when faced with challenges, adversity and trauma.



### CONCRETE SUPPORT IN TIMES OF NEED

Access to concrete support & services that address a family's needs & help minimize stress caused by challenges.



### KNOWLEDGE OF PARENTING AND CHILD DEVELOPMENT

Understanding child development and parenting strategies to support physical, cognitive, language, social and emotional development.



### SOCIAL EMOTIONAL COMPETENCE OF CHILDREN

Family and child interactions that help children develop the ability to communicate clearly, recognize & regulate their emotions & establish and maintain relationships.

## GETTING STARTED

- Learn About the Model
- Complete Readiness Assessment
- Sign Agreements
- Pay Annual Fee
- Train Facilitator/Parent Lead
- Start Circle of Parents group

## SUPPORT PROVIDED

- Training for facilitators and parent leads in Circle of Parents implementation
- Technical assistance in planning, establishing, and implementing groups
- Data collection to track attendance, demographics, and evaluate effectiveness
- Continuing education, support, and professional development for facilitators and parent leads

Learn more about trainings, tools, implementation support, and the Circle of Parents Colorado Chapter at:

[www.circleofparentscolorado.org](http://www.circleofparentscolorado.org)